

PACKAGE / COURSE LEARNING & ASSESSMENT STRATEGIES GUIDE

Package / Course Title: Certificate III in Aged Care Work - CHC30102
Provide support to an older person - CHCAC1C
 (Core Unit)

Target groups Workers in this occupational group work primarily in residential facilities under direct or regular supervision within clearly defined organisational guidelines and service plans. These workers carry out activities related to the maintenance of an individual's personal care and/or other activities of living. These workers report directly to a supervisor and are not responsible for other workers.
 Workers at this level are required to have an understanding of Indigenous culture and history and to work with local communities in the provision of services.

TRAINING DELIVERY

| Strategies | Performance Indicators | Resources |
|------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| Discussion of roles and responsibilities | Development of understanding of the physical and psychosocial aspects of ageing. | Access to learner resource manual |
| Role-play | Development of skills in establishing and maintaining appropriate relationships with older people. | Access to learner resource manual |
| Case study | Develop ability to assist an older person to identify and meet their needs. | Appropriate case study scenarios |
| Practical exercise | Development of skills needed in responding to situations of risk to the older person. This involves fulfilling responsibilities within work role. | Access to learner resource manual |
| Work placement and/or simulation | Develop all of the above under the range of working conditions normally encountered. | Access to appropriate workplace or simulation of realistic workplace setting. Access to resources and equipment normally used in the workplace. |

ASSESSMENT

| Strategies | Performance Indicators | Resources |
|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| Observation in the workplace or in a simulated workplace and under the normal range of workplace conditions. | Demonstrate an understanding of the physical and psychosocial aspects of ageing including the ability to promote healthy lifestyle practices, taking into account physical changes in the older person in service delivery, recognise and accommodate interests and life activities and assisting the older person to recognise the impact physical changes associated with ageing may have on their activities of living. | Access to appropriate workplace where assessment can take place or simulation of realistic workplace setting. |
| Practical exercise | Demonstrate ability to establish and maintain appropriate relationships with older people by demonstrating courtesy, engaging in short interpersonal exchanges with the older person, maintaining confidentiality and privacy of the older person and provide support to the older person to | |

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| | maintain social and community networks. | |
| Case study | Demonstrate ability to assist the older person to identify and meet their needs including support to participate in social and recreational activities as requested, to meet spiritual, cultural, emotional and sexual needs, and seek assistance when it is not possible to provide appropriate support to the older person. These skills must be carried out within organisational policy and protocols. | Appropriate case study scenarios |
| | Demonstrate appropriate response to situations of risk to the older person within work role and responsibilities including identifying and reporting situations of risk, or potential risk, to a supervisor, implementing strategies to minimise risk, | |
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List any special requirements / issues / amendments for any particular target group.