

PACKAGE / COURSE LEARNING & ASSESSMENT STRATEGIES GUIDE

Package / Course Title: Certificate III in Aged Care Work - CHC30302

Support the older person to meet their emotional and psychosocial needs - CHCAC6C
(Elective Unit)

Target groups Workers in this occupational group work in the community and/or residential facilities under direct or regular supervision within clearly defined organisational guidelines and service plans. These workers carry out activities related to the maintenance of an individual's personal care and/or other activities of living. These workers report directly to a supervisor and are not responsible for other workers.
Workers at this level are required to have an understanding of Indigenous culture and history and to work with local communities in the provision of services.

TRAINING DELIVERY

| Strategies | Performance Indicators | Resources |
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| Work placement and/or simulation | Develop skills in identifying the older person's social network and preferences and encouraging and facilitating attendance at selected social and recreational activities. Ability to recognize and report the need for activities to be modified or adapted. | Access to appropriate workplace or simulation of realistic workplace setting. Access to resources and equipment normally used in the workplace. |
| | Develop ability to encourage self-esteem and confidence, display empathy and understand the impact of ageing on an older person's emotional well-being. Includes seeking assistance sought from appropriate person/s when it is not possible to meet the emotional and psychological needs of the older person | |
| | Develop ability to recognise and accommodate the older person's cultural and spiritual preferences, sensitivity to modesty and privacy according to cultural requirements, facilitation of cultural and spiritual practices and provision of information regarding cultural and spiritual networks available in the community. | |
| Case study | Develop an understanding and recognition of the stages of loss and grief and ability to provide support by using appropriate communication strategies, acknowledging their particular needs and providing information regarding relevant support services. | Appropriate case study scenarios |
| Discussion of roles and responsibilities | Develop the ability to recognise and accommodate the older person's expressions of identity and sexuality without imposing one's own values and attitudes regarding identity and sexuality on others. Includes an understanding of the impact of ageing and community values | Access to learner resource manual |

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| | and attitudes, recognition of unmet needs relating to sexuality and identity and providing support to express their sexuality within organisational protocols. | |
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ASSESSMENT

| Strategies | Performance Indicators | Resources |
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| Observation in the workplace or in a simulated workplace and under the normal range of workplace conditions | Demonstrate ability to support the older person to remain engaged with their social network and the wider community by identifying the older person's social network and encouraging and facilitating attendance at social and recreational activities. | Access to appropriate workplace where assessment can take place or simulation of realistic workplace setting. |
| Practical exercise | Demonstrate understanding of the impact of ageing on the individual's emotional and psychological well-being, the ability to display empathy and support and encourage the older person to achieve maximum emotional well-being. | |
| Observation in the workplace or in a simulated workplace and under the normal range of workplace conditions | Show ability to recognise and accommodate the older person's cultural and spiritual preferences while following organisational policies and protocols, demonstrate cultural sensitivity in communication practices and provide information regarding relevant cultural and spiritual networks available in the community. | Access to appropriate workplace where assessment can take place or simulation of realistic workplace setting. |
| | Demonstrate skills in providing support to the older person who is experiencing loss and grief, utilizing appropriate communication strategies, provision of information regarding relevant support services and liaising and reporting appropriately to appropriate persons/agencies. | |
| Practical exercise | Demonstrate recognition and accommodation of the older person's expressions of identity and sexuality, supporting them to express their sexuality within organisational protocols and referral of unmet needs relating to sexuality and identity to an appropriate person | |

List any special requirements / issues / amendments for any particular target group.