

PACKAGE / COURSE LEARNING & ASSESSMENT STRATEGIES GUIDE

Package / Course Title: Certificate III in Aged Care Work - CHC30102

Provide personal care in a home and community care environment
- CHCHC302B
(Elective Unit)

Target groups Workers in this occupational group work primarily in residential facilities under direct or regular supervision within clearly defined organisational guidelines and service plans. These workers carry out activities related to the maintenance of an individual's personal care and/or other activities of living. These workers report directly to a supervisor and are not responsible for other workers.
Workers at this level are required to have an understanding of Indigenous culture and history and to work with local communities in the provision of services.

TRAINING DELIVERY

Strategies	Performance Indicators	Resources
Discussion of roles and responsibilities	Develop understanding of personal care tasks, self-care and infection control.	Access to relevant policy documents
Case study	Develop ability to recognise and report changes in an older person's health and/or personal care needs.	Appropriate case study scenarios
	Develop ability to support or assist the older person to meet their personal care needs in accordance with service delivery plan and organisational policies, protocols and procedures.	
Theoretical instruction Practical exercise	Develop skills in the use of moving and lifting techniques and an understanding of aids and equipment.	Access to appropriate equipment
Work placement and/or simulation	Develop all of the above under the range of working conditions normally encountered.	Access to appropriate workplace or simulation of realistic workplace setting. Access to resources and equipment normally used in the workplace.

ASSESSMENT

Strategies	Performance Indicators	Resources
Oral/ written	Demonstrate understanding of own work role and responsibilities in performance of personal care tasks, self-care and infection control.	Access to relevant policy documents
Oral/ written Practical exercise	Demonstrate ability to recognise and liaise and report appropriately to supervisor and/or health professionals changes in an older person's health and/or personal care needs.	

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Oral/ written Practical exercise	Demonstrate ability to support or assist the older person to meet their personal care needs in accordance with service delivery plan and organisational policies, protocols and procedures. This should be performed with an understanding of the physical and psychosocial aspects of ageing and acknowledgment of the older person's abilities and preferences.	
	Demonstrate skills in the use of moving and lifting techniques and correct use of aids and equipment.	
Observation in the workplace or in a simulated workplace and under the normal range of workplace conditions.	All elements involving the performance of practical care tasks	Access to appropriate workplace where assessment can take place or simulation of realistic workplace setting.

List any special requirements / issues / amendments for any particular target group.